

# Kahn and Hansen & Associates

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*Program Development, Staff Training, and Consultation Services  
Specialized Evaluation Services/Individual, Group, and Family Therapy*

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## Advanced Status Treatment Review Test

**Directions: Complete each question to the best of your ability. You may use your notes, handouts, and your Pathways book.**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

1. What is maintenance behavior?

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2. What is grooming behavior?

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3. What is coercion?

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4. Give an example of Child Molestation in the First Degree.

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**Advanced Status Treatment Review Test**

**Open Book**

**Page 2**

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5. Give an example of Rape in the Second Degree.

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6. Give an example of Indecent Liberties.

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7. Give an example of Rape of a Child in the First Degree.

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8. Give an example of Rape in the First Degree.

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9. Give an example of Child Molestation in the Third Degree.

**Advanced Status Treatment Review Test**

**Open Book**

**Page 3**

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10. Give an example of Rape of a Child in the Third Degree.

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11. What are the healthy parts of your life right now?

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12. What are the unhealthy parts of your life right now?

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13. Give two examples of external barriers:

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**Advanced Status Treatment Review Test**

**Open Book**

**Page 4**

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14. Give two examples of internal barriers:

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15. List five of the most important rules for participating in group therapy:

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16. What is a SUD?

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**Advanced Status Treatment Review Test**

**Open Book**

**Page 5**

17. Give one example of a SUD:

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18. List five high risk situations for most people with sexual problems:

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19. List two arousal control methods:

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20. Why is looking at pornography a bad idea for adolescents with sexual behavior problems?

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**Advanced Status Treatment Review Test**

**Open Book**

**Page 6**

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21. Why are warning signs important parts of any relapse prevention plan?

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22. Why is exercise an important treatment activity for an adolescent with a sexual behavior problem?

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23. What is a lapse? \_\_\_\_\_

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24. Give an example of a lapse: \_\_\_\_\_

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25. Give an example of coercion: \_\_\_\_\_

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26. Consider the following true story, then answer the questions below.

A 17 year old boy successfully completed an outpatient treatment program, and at the time of his graduation had a same-age girlfriend, a decent job, and was passing all his classes in high school. The boy had never been formally prosecuted for his sexual misconduct, but he had molested several younger female cousins, and he participated in treatment on a “voluntary” basis. He realized during treatment that his depression had been a factor in his initial sex offenses. About three months after graduating from treatment, he and his girlfriend broke up, and he lost his job. He reported that several months after that he started getting sexual thoughts about his younger female cousins, whom he was around during family gatherings. He said that he thought that as long as he didn’t do anything he would be okay. He said that he didn’t want the embarrassment of coming back to counseling. Over the next four months he slowly let his external barriers down, and he started spending more and more time with his younger cousins, eventually tickling them, wrestling with them, and playing other games with them. He ended up molesting four young girls before one of them told their parents on him. The parents then called CPS, who notified the police. The boy was then charged in adult court with many new sex offenses.

a. What do you think were the major factors that led to this boy’s new offenses?

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**Advanced Status Treatment Review Test**

**Open Book**

**Page 8**

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b. What could the boy and his parents have done to prevent the new sex offenses?

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c. What would you have done if you were the boy? \_\_\_\_\_

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27. When you have completed this treatment program, what will your aftercare (after treatment) rules be? List all that you can think of, and that you intend to follow.

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**Advanced Status Treatment Review Test**  
**Open Book**  
**Page 9**

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